

# SEPTEMBER 2023

Daily literacy-building activities to share with your child.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1 WRITING</b> Draw the letters of the alphabet with your child. Practice tracing the letters with fingers while making the sound of the letters.	<b>2 PLAYING</b> Blow bubbles today. This strengthens muscles needed for speech.
					<b>3 TALKING</b> Discuss opposites. Show examples of big and small, night and day, light and dark.	<b>4 SINGING</b> Clap your hands to the beat of a favorite song. 
<b>10 SINGING</b> Sing a favorite song in parts. You sing, then your child, then you, and so on.	<b>11 COUNTING</b> Count aloud as your child puts pebbles in a container one at a time, up to ten.	<b>12 READING</b> Have a family book club. Each person brings a book for a story time. 	<b>13 WRITING</b> Pop bubble wrap or play with squirt toys to develop muscles needed for writing.	<b>14 PLAYING</b> Tape a sheet of contact paper to the wall, sticky side out. See which toys stick and which do not.	<b>15 TALKING</b> Make silly sounds today. Encourage your child to also make silly sounds.	<b>16 SINGING</b> Play talent show. Each person sings a song or plays an instrument. (Instruments can be any noise-making items around the house.)
<b>17 COUNTING</b> Take a walk and count how many birds or squirrels you see. 	<b>18 READING</b> Pick a favorite book. Ask your child to tell you what happens before you start reading.	<b>19 WRITING</b> Use your fingers to draw shapes in the air. Take turns guessing what each person drew.	<b>20 PLAYING</b> Go on a scavenger hunt. Look for things that begin with the "p" sound, like a plate, a pan, a pen.	<b>21 TALKING</b> Take turns telling each other simple stories. 	<b>22 SINGING</b> Sing or say "If You're Happy and You know It." <i>(Words are on the back. 🐭)</i>	<b>23 COUNTING</b> Use blocks to measure how long something is. How many blocks long is your arm, your foot, etc.?
<b>24 READING</b> Hang up a piece of paper with the words to "Are You Sleeping?" and sing it every morning and night. <i>(Words are on the back. 🐭)</i>	<b>25 WRITING</b> Write your child's first name. Talk about the first letter of their name. Make the sound and say words that begin with the letter.	<b>26 PLAYING</b> Play "Hot and Cold." <i>(Instructions are on the back. 🐭)</i> 	<b>27 TALKING</b> Use family photos to tell different stories. Encourage your child to tell a story.	<b>28 SINGING</b> Have a family sing-along. Each person gets to pick a favorite song.	<b>29 COUNTING</b> Count the number of people in your family. How many kids? How many grownups? How many pets?	<b>30 READING</b> Ask your child questions as you read to them today. <i>What do you think will happen next? Where did the little dog go?</i>