Books About Grief and Death for Children

Death of a Parent

High as a Hawk: A Brave Girl’s Historic Climb
Barron, T.A. E Fiction
Harriet just keeps climbing, through her pain and sadness, until she reaches the top of Long’s Peak in memory of her mother. Kindergarten-Grade 3

Everett Anderson’s Goodbye
Clifton, Lucille E Fiction
Everett has a difficult time coming to terms with his grief after his father dies. Preschool-Grade 3

How It Feels When a Parent Dies
Krementz, Jill J 155.937
Eighteen young people, ranging in age from 7 to 16, discuss the questions, fears and grief each experienced following the death of a parent. Grades 3 and up

Flying Lessons
Matthews, Kezi J Fiction
LaMarr tries to convince herself that her mom is still alive in Hollywood, not lost in a plane crash. Grades 4 and up

After Charlotte’s Mom Died
Spelman, Cornelia E Fiction
A 6-year-old girl, struggling with her feelings following the recent death of her mother, gets help when she and her father visit a therapist. Kindergarten-Grade 2

Daddy, Up and Down: Sisters Grieve the Loss of Their Daddy
Stenson, Lila E 155.937
A young child’s perspective of what it feels like when a parent dies is described through the grieving process of two preschool sisters following the death of their father. Preschool-Grade 3

Saying Goodbye to Daddy
Vigna, Judith E Fiction
When Clare’s father is killed in a car accident, she learns to deal with her anger and grief with the help of her mother and grandfather. Preschool-Grade 3

Blue Pearls
Warfel, Elizabeth Stuart E Fiction
Angels in heaven are getting ready for Elise by sewing her a beautiful dress with blue pearls, but must wait for her arrival until she finishes teaching her children about love. Kindergarten-Grade 3

Death of a Grandparent

Where is Grandpa?
Barron, T.A. E Fiction
With the help of his father, a boy discovers a satisfying answer to his question, “Where is Grandpa?” Kindergarten-Grade 3

The Remembering Box
Clifford, Eth J Fiction
Joshua enjoys a special relationship with his grandmother who, shortly before her death, gives him a “remembering box.” Grades 3-6

Nana Upstairs & Nana Downstairs
De Paola, Tomie E Fiction, E Fiction Spanish
A young boy’s loving relationships with his grandmother and great-grandmother continue as he learns to accept their inevitable deaths. Preschool-Grade 3

Sun & Spoon
Henkes, Kevin J Fiction
In a desperate attempt to remember his grandmother who has just died, Spoon steals one of her valued possessions. This causes his grandfather pain and confusion, until they work through their grief together. Grades 3-6

The Goodbye Boat
Joslin, Mary E 155.937
A picture book for young children that portrays the stages of grief visually and figuratively, as a grandmother sails away to a distant shore. Preschool-Grade 2

Thank You, Grandpa
Plourde, Lynn E Fiction
A young girl learns from her grandfather how to appreciate life’s gifts and how to accept death. Preschool-Grade 3

In the Piney Woods
Schotter, Roni E Fiction
Ella always enjoyed the pine woods with her grandfather and later plants a new pine tree in his memory. Preschool-Grade 3

Old Pig
Wild, Margaret E Fiction
Because Old Pig knows that her time to die is near, she puts her affairs in order and takes a slow walk with Granddaughter to savor the world’s beauty one last time. Preschool-Grade 3
Death of Other Relatives

A Name on the Quilt: A Story of Remembrance
Atkins, Jeannine ................................E Fiction
A family gathers to make a quilt block for a much-loved uncle who has died of AIDS. Grades 1-3

Molly’s Rosebush
Cohn, Janice .................................E 155.937
When the new baby they’ve been expecting isn't strong enough to be born, Molly and her family find different ways to express their feelings and comfort each other. Preschool-Grade 3

Every Day and All the Time
Deans, Sis Boulos.................................J Fiction
Six months after Emily’s brother dies in a car accident, her parents want to move. But the house is Emily’s connection to her brother and she isn’t so sure that she is ready to move. Grades 3 and up

Fig Pudding
Fletcher, Ralph J. .................................J Fiction
Eleven-year-old Cliff describes one year in the life of his boisterous, close-knit family, including the unexpected death of his younger brother, Brad. Grades 3-6

What is Goodbye?
Grimes, Nikki .................................J 811.54 Grimes
The voices of Jesse and Jerilyn take turns in poetry as they grieve for their older brother. Grades 1 and up

Cousins
Hamilton, Virginia .................................J Fiction
Concerned that her grandmother may die, Cammy is unprepared for the accidental death of her cousin. Grades 5 and up

Stacy Had A Little Sister
Old, Wendie .................................E 362.19892
Stacy has mixed feelings about her new sister Ashley, but when the baby dies of sudden infant death syndrome, Stacy misses her. Preschool-Grade 2

Mick Harte Was Here
Park, Barbara .................................J Fiction
Thirteen-year-old Phoebe works through grief and depression after her younger brother Mick is killed in a bicycle accident. A loving family, a sense of humor and memories of her brother give her the strength she needs to carry on. Grades 3-6

We Were Gonna Have A Baby, But We Had An Angel Instead
Schwiebert, Pat .................................E Fiction
This gentle little book helps preschoolers understand and grieve the loss of a baby in the family. Preschool-Grade 1

Tear Soup: A Recipe of Healing After Loss
Schwiebert, Pat .................................J Fiction
Grandy has suffered a big loss in her life, so she is cooking up some "tear soup." As she adds ingredients, the reader is given a glimpse into Grandy’s life. Grades 3 and up

Death of a Friend

Rudi’s Pond
Bunting, Eve .................................E Fiction
School children respond to the illness and death of a friend by helping to build a pond in his memory. Kindergarten-Grade 2

I had a Friend Named Peter:
Talking to Children About the Death of a Friend
Cohn, Janice .................................J Fiction
After the death of Betsy’s friend, her parents and kindergarten teacher answer questions about dying, funerals and the burial process. Preschool-Grade 3

Always and Forever
Durant, Alan .................................E Fiction
Fox’s friends grieve when he is gone, until they realize that they can best honor his memory by enjoying life and remembering their friend. Preschool-Grade 3

Bridge to Terabithia
Paterson, Katherine .................................J Fiction
When Jesse’s best friend, Leslie, drowns trying to reach their special hideaway, Terabithia, Jesse struggles to accept the loss. Grades 4-6

A Taste of Blackberries
Smith, Doris Buchanan .................................J Fiction, J Fiction Spanish
When young Jamie dies unexpectedly from a bee sting, his friends must find the strength to overcome his grief. Grades 3-6

Badger’s Parting Gifts
Varley, Susan .................................E Fiction
Badger’s friends are overwhelmed with their loss when he dies, but in remembering his gifts, they find the strength to face the future with hope. Preschool-Grade 3

Death of a Pet

A Dog Like Jack
DiSalvo-Ryan, DyAnne .................................E Fiction
After a long life of chasing squirrels, licking ice cream cones and loving his family, an old dog comes to the end of his days. Preschool-Grade 3

Bug Cemetery
Hill, Frances .................................E Fiction
Kids in the neighborhood have fun staging funerals for dead bugs, but when a pet cat dies in an accident, funerals are suddenly not so fun. Kindergarten-Grade 2

Six Is So Much Less than Seven
Himler, Ronald .................................E Fiction
Accompanied by the rest of his feline family, an old man goes to visit the grave of his beloved pet. Kindergarten-Grade 2
Death of a Pet  continued

Goodbye, Mog
Kerr, Judith ................................. E Fiction
After Mog the cat dies, she worries about the family she left behind. Kindergarten-Grade 3

A Special Place for Charlee: a Child’s Companion
Through Pet Loss
Morehead, Debby ......................... J 155.937 MOREHEAD
Mark and his dog, Charlee, grew up together. When Charlee needs to be euthanized because of heart failure, a veterinarian encourages Mark to share his feelings of sadness and grief with those he loves. Grades 3-6

The Tenth Good Thing About Barney
Viorst, Judith ................................. E Fiction
At a backyard funeral, a little boy tries to think of 10 good things to say about his cat, Barney, but can come up with only nine. Kindergarten-Grade 2

The Old Dog
Zolotow, Charlotte .............................. E Fiction
When a young boy finds his old dog dead one morning, he spends the rest of the day thinking about all the good times they had together. Preschool-Grade 3

General Books

When Dinosaurs Die:
A Guide to Understanding Death
Brown, Laurene Krasny and Marc ................ E 155.937
In simple language, this book answers common questions while offering suggestions for ways to remember a loved one. Preschool-Grade 3

Death (Talking About series)
Bryant-Mole, Karen ......................... J 155.937 BRYANT
Explains life and death as biological processes, helping children understand that death is part of a natural cycle and that various emotions are also part of the grieving process. Preschool-Grade 3

Why Do People Die?: Helping Your Child Understand Death, with Love and Illustrations
MacGregor, Cynthia .................. J 155.937 MACGREGOR
A guide designed to help answer children's questions about death. Kindergarten-Grade 3

Resources for Adults

35 Ways to Help A Grieving Child
Dougy Center for Grieving Children.. 155.93708 35:WAYS TO
This guidebook presents parents with simple and practical suggestions on how to help a child or teen deal with grief.

Goldman, Linda ......................... 155.937083 GOLDMAN
Designed for mental health professionals, educators and parents, this is a guide for those helping children to recover from “complicated grief.” In addition to providing specific ideas and techniques to use with children, the author includes an extensive list of support resources.

Guiding Your Child Through Grief
Emswiler, Mary Ann ..................... 155.937083 EMSWILER
This guide addresses the ways children grieve, changes in family dynamics, how to cope with holidays and signs that grief has turned to depression.

Keys to Helping Children Deal with Death and Grief
Johnson, Joy .............................. 155.937 JOHNSON
A welcome resource for adults, this book helps explain the concept of death in terms that children can understand.